

The Path to Advanced Practice

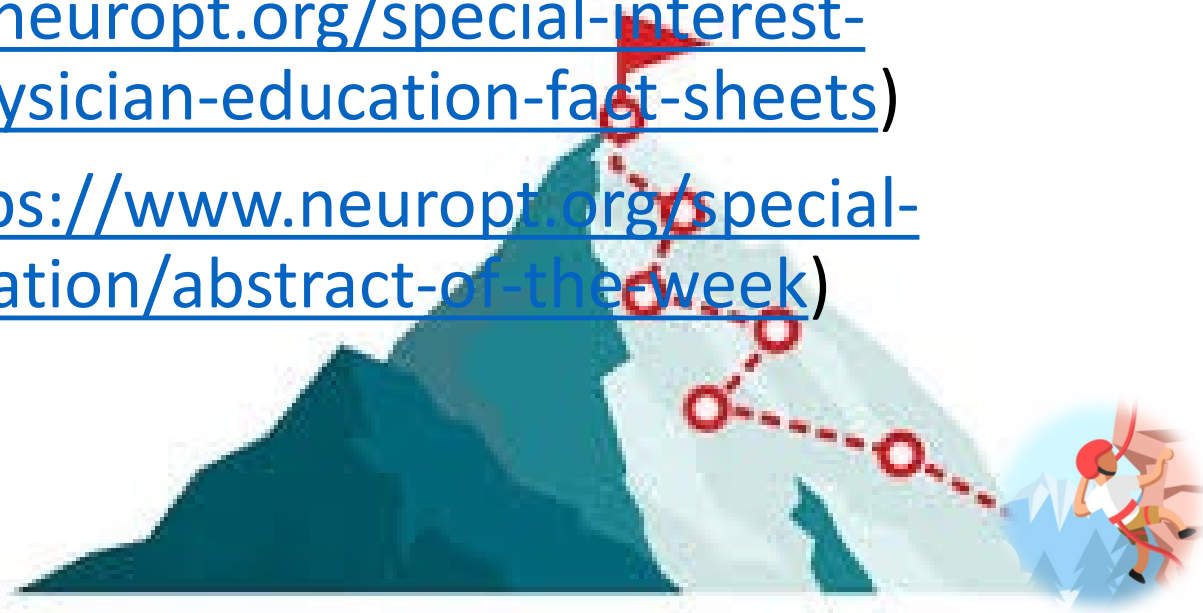
From Novice to Advanced Practitioner

The Vestibular Special Interest Group has outlined this pathway to assist physical therapists interested in advancing their vestibular assessment and rehabilitation skillset. Free or low-cost resources as well as those which may incur some personal expense (i.e., cost, time, travel, etc.) are presented. While this is not the only path to advanced practice, it may provide some guidance in establishing a personal development plan.

Basecamp (Post-graduation/Early Career)

FREE OR
CHEAP

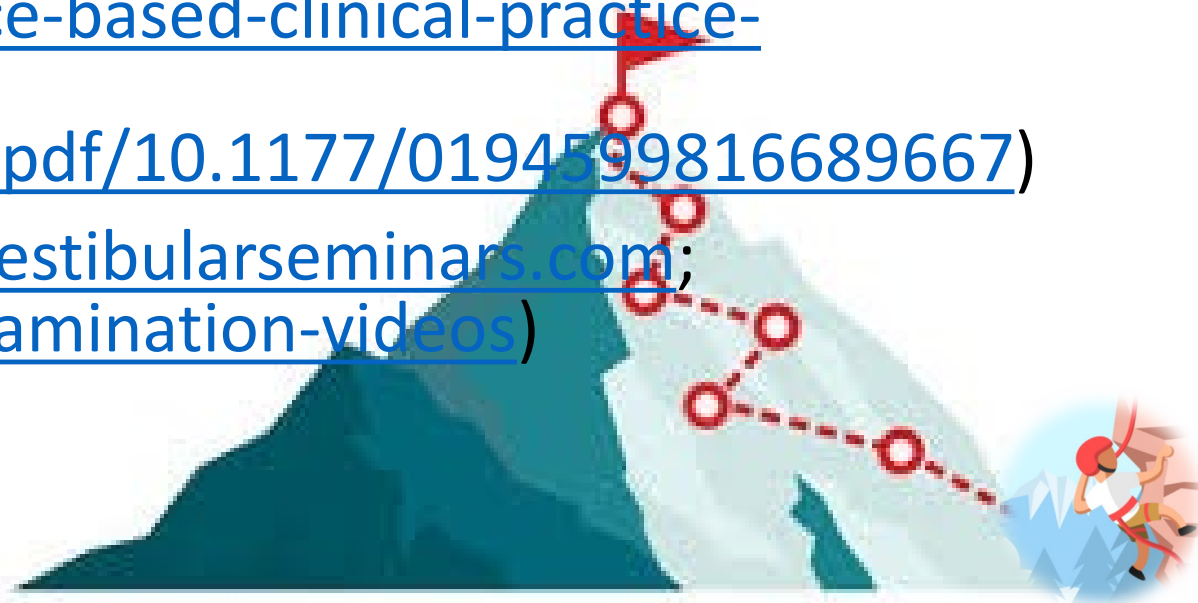
- Join the Vestibular SIG (<https://www.neuropt.org/join>)
- Find a mentor
- Review the Patient (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/patient-education-fact-sheets>) & Provider Fact Sheets (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/physician-education-fact-sheets>)
- Read the Abstract of the Week (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/abstract-of-the-week>)



Basecamp (Post-graduation/Early Career)

FREE OR
CHEAP

- Listen to Podcasts (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/podcasts>)
- Read the CPG for peripheral vestibular hypofunction (free for APTA members at <https://www.apta.org/patient-care/evidence-based-practice-resources/cpgs/vestibular-rehabilitation-for-peripheral-vestibular-hypofunction-an-evidence-based-clinical-practice-guideline-cpg>) and BPPV (<https://journals.sagepub.com/doi/pdf/10.1177/0194599816689667>)
- Review exam techniques at (www.vestibularseminars.com; www.vestibular.today/vestibular-examination-videos)
- Review eye movement videos



Basecamp (Post-graduation/Early Career)

- Attend Vestibular SIG/ANPT educational offerings at CSM
- Do APTA Learning Center courses (<https://learningcenter.apta.org/>)
- Attend the “Vestibular Rehabilitation: A Competency-Based Course” (<https://dpt.duhs.duke.edu/education/academics/continuing-education>) or an equivalent



First Ascent (Moving from Basic to Intermediate)

FREE OR
CHEAP

- Be a mentor
- Read articles identified in the Dizzy Pub Fare (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/dizzy-pub-fare>); form a journal club to discuss how the articles relate to/improve your practice
- Listen to Podcasts (<https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/podcasts>)
- Review JVR/Barany Society YouTube videos (<https://www.youtube.com/channel/UCWhNrbpgN4RYhk0pUocz31A/featured>)
- Read the CPG for Meniere's disease (<https://journals.sagepub.com/doi/pdf/10.1177/0194599519859438>)



First Ascent (Moving from Basic to Intermediate)

- Attend Vestibular SIG/ANPT educational offerings at CSM
- Do APTA Learning Center courses (<https://learningcenter.apta.org/>)
- Attend the “Cervicogenic Dizziness: An Evidence-based Competency Course” (<https://www.skillworks.biz/cgd>) or equivalent



Second Ascent (Moving from Intermediate to Advanced)

- Read articles from the Barany Society on the International Classification of Vestibular Disorders (<https://www.jvr-web.org/ICVD.html>)

FREE OR
CHEAP



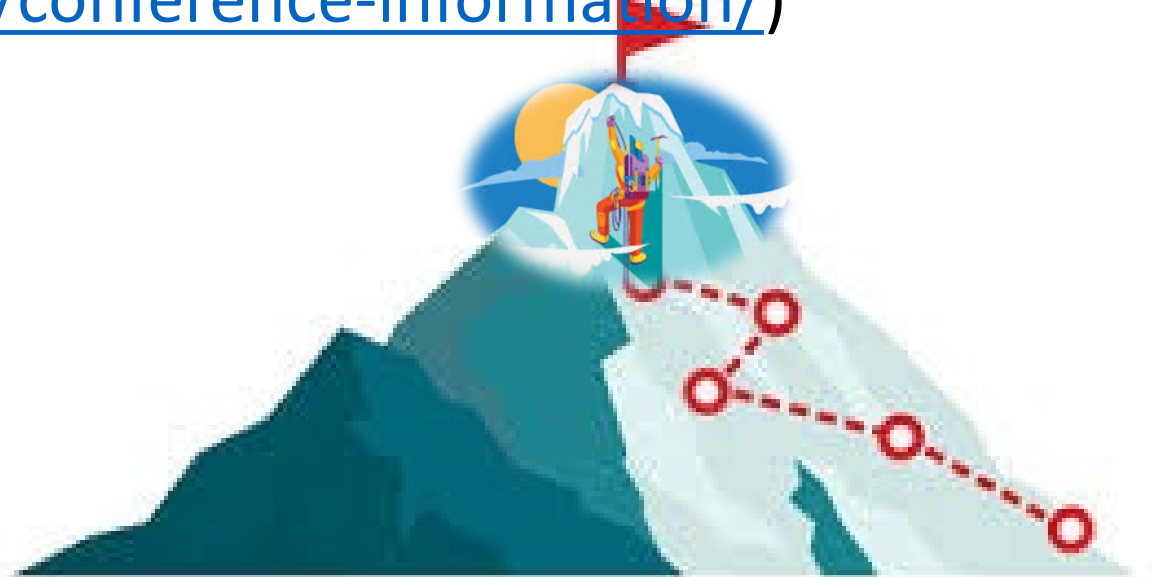
Second Ascent (Moving from Intermediate to Advanced)

- Co-Present with a mentor or present Vestibular SIG/ANPT educational offerings at CSM
- Attend ICVR educational offerings (2022)
- Attend the “Vestibular Rehabilitation: An Advanced Course and Update” (<https://www.shrs.pitt.edu/pt/continuing-education/vestibular-rehabilitation-advanced-course-and-update>) or equivalent



Summit (Advanced Practice)

- Obtain Board-Certification in Neurologic Physical Therapy (<http://www.abpts.org/Certification/Neurology/>)
- Present educational offerings at ICVR (2022)
- Attend or present educational offerings at the Barany Society Meeting (<https://www.thebaranysociety.org/conference-information/>)





VESTIBULAR REHABILITATION
SPECIAL INTEREST GROUP

The Vestibular Special Interest Group has outlined this pathway to assist physical therapists interested in advancing their vestibular assessment and rehabilitation skillset. We welcome your feedback to improve on the proposed pathway; please email cwh27@pitt.edu with comments.