September 2020 Stroke Corner: Research Video on HIT in Chronic Stroke

Lend Your Clinician Voice to Research

Help the APTA Fight Medicare Cuts







Stroke Corner September 2020: High Intensity Training in Chronic Stroke: Combined Overground and Treadmill Training

Thanks to Sarah Doren and Victoria Scholl for sharing their research!



Two DPT students from the University of Cincinnati, Sarah Doren and Victoria Scholl, share their work on High intensity training in chronic stroke.

Their study with 10 patients with chronic stroke includes some great clinical pearls on dosage and the specific intervention of combining overground and treadmill high intensity training for a four-week intervention. This study had some significant improvements for patient outcomes- Check it out at the link above.

Call for Frontline Clinician Participation in Research



The Stroke Recovery Lab at Marquette University would like to interview frontline clinicians about what's important in stroke rehab.

We are looking for PTs and OTs who work in acute, subacute, and chronic stroke rehab. Our goal is to understand whether a new technology developed in our lab would be a helpful adjunct to existing therapies.

20 minute interviews will be done by phone. If you would like to volunteer, please contact Dr. Sheila Schindler-Ivens

at sheila.schindler@marquette.edu.

The Physical Therapy Profession Needs Your Help!

The physical therapy profession needs your support today!

Members of Congress need to hear from you so they take immediate action to stop the 9% cut to Medicare payment in 2021. There are template letters are available for both members and non-members, including the general public on these links. Encourage your colleagues and patients to connect with Congress too!

Not sure about the details about the Physician Fee Schedule Proposal? APTA has created a 35 minute presentation that provides an overview of the rule, APTA's efforts and ways to get involved. The webinar recording can be found here, password is 5DvW!4&7

Thousands of APTA members have already voiced their concern but Congress needs to hear from all physical therapists. Connect today and help make a difference!

Save the Date: Rhythm & The Motor Systems Webinars

Hot Topic Webinar Series hosted by the ANPT Practice Committee Practical applications for clinical and telehealth environments

These webinars present theory and practical application of the use of rhythm as an intervention approach for gait training with potential implications for clinical and telehealth practice environments.

September 15, 2020: Rhythm and the Motor System: Gait Training in Persons Post Stroke Webinar Presented by: Lou Awad PT, DPT, PhD, Brian Harris MT-BC, NMT and Abigail Spaulding PT, DPT, NCS

Registration closes on September 11th.

Click here to register today.

ANPT Resources Index for Educators

An index of FREE neuro rehabilitation education resources is now available on the ANPT website https://neuropt.org/professional-resources/educators-index!

These are listed by health condition, as many neurorehabilitation courses are organized in this way. There is also a section that pertains to multiple health conditions. All resources link to the original content and the index will be updated regularly.

Thank you to ANPT members Sue Perry, PT, DPT and Cindy Zablotny, PT, DPT, NCS for developing this resource.

Core Outcome Measures Synapse Courses

A new series of five courses on the Core Outcome Measures has been released on the ANPT Synapse Education Center. Focused on the CPG "A Core Set of Outcome Measures for Adults with Neurologic Conditions Undergoing Rehabilitation" these courses include nine action statements related to the recommended measures, use of the core set, and collaborative decision-making, interpretation, and continuum use. The Core Set includes:

- 10 Meter Walk
- 6 Minute Walk
- Berg Balance Scale Five Times Sit to Stand
- ABC Functional Gait Assessment Score

For additional resources from the CPG, visit the website here.

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