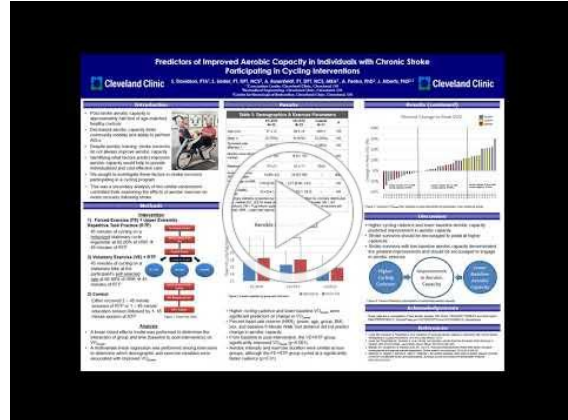


October 2020 Stroke Corner: Aerobic Capacity During Cycling in Patients with Chronic Stroke

Run for SIG Office!



October 2020 Stroke Corner: Predictors of Improved Aerobic Capacity in Individuals with Chronic Stroke Participating in Cycling



Thanks to Sara Davidson, PTA from the Cleveland Clinic for sharing this research on aerobic capacity during a cycling intervention for patients with chronic stroke. Tune in for clinical pearls about the cycling program specifics as well as the relationship between higher cycling cadence and aerobic capacity!

Run for SIG Office!



The Link to Nominate Yourself or A Colleague for ANPT Office is Live!

<https://neuropt.org/members/nomination>

Positions open for the Stroke SIG board this year include:

1. SIG Nominating Committee- 3-year term (2 Years Nominating Committee Member, 1 year Nominating Committee Chair)
2. SIG Secretary

Nominations are due March 21st, 2021

Position Descriptions are available at the link above and copied below:

Secretary (3-year Term)

OFFICER DUTIES AND RESPONSIBILITIES

- i. Maintains a record of all official actions and decisions of the SIG.
- ii. Records the minutes of all SIG meetings and conference calls.
- iii. Submits minutes of SIG meetings (CSM, conference calls) to the SIG officers.
- iv. Attends the SIG officers meeting with the Academy Vice President at CSM.
- v. Assists the Chair in preparing and submitting an annual plan for the SIG to the Board of Directors.
- vi. Ensures currency of SIG website links and content every 6 months at minimum.
- vii. Provides for orientation of a successor

Nominating Committee Member (3-year term, 2 years as committee member and 1 year as committee chair)

DUTIES AND RESPONSIBILITIES

1. Prepares annually a slate of two (2) or more candidates for each open SIG office.
2. Coordinates with the Executive Director and Academy Nominating Committee liaison to build ballot and to conduct elections.
3. Chair attends the SIG officers meeting with the Academy Vice President at CSM.

Locomotor CPG Podcast Part II

Don't miss this excellent clinical resource!

[Click HERE for Podcast Link.](#)

Host Jackie Loeshelle is joined by Dr. George Hornby for a Part II discussion on the Locomotor CPG. The Locomotor CPG identifies the most optimal interventions for gait recovery based on current evidence for individuals with chronic stroke, incomplete spinal cord injury, and traumatic brain injury. This episode delves deeper into the background and design of the CPG, how the

literature search occurred, and how the authors interpreted results to develop recommendations. Dr. Hornby also discusses implementation and audit strategies for high intensity gait training in the clinical setting.

Read the full-text CPG here:

https://journals.lww.com/jnpt/Fulltext/2020/01000/Clinical_Practice_Guideline_to_Improve_Locomotor.8.aspx

Additional resources from the Locomotor Knowledge Translation Task Force:

<https://www.neuropt.org/practice-resources/locomotor/resources>

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