



STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

- **Stroke Corner:** Poster presentation video of Stroke SIG research winner at ANPT Conference
- Happy PT Month!
- **NEW** Elections information now available: Sign up to run for ANPT or SIG Office!

Stroke Corner Research Video: Does Perceived Walking Challenge Predict Ambulation after Stroke?

Thanks to Kanika Bansal PT, MPT for submitting this video review

The image displays a collage of research posters and a video player. The central video player shows a play button over a graph. The posters include:

- Poster 1:** "Do subjective and objective measures of perceived challenge of walking predict home and community ambulation post-stroke?" by Kanika Bansal, PT, MPT, and others. It discusses the relationship between perceived walking challenge and walking activity in stroke survivors.
- Poster 2:** "Objective measurement of perceived challenge of walking predicts stroke survivors' walking activity at home but not in the community." This poster features a graph showing the difference in outdoor and indoor SNS activity predicted steps in home, but not in community. The graph shows a positive correlation between perceived walking challenge and walking activity at home, but not in the community.
- Poster 3:** "Effects of a 12-week walking challenge on perceived walking challenge and walking activity in stroke survivors." This poster includes a table of regression statistics and a bar chart showing the change in walking activity.

Does Perceived Walking Challenge Predict Community Ambulation after Stroke?

Kanika Bansal, one of two winners of the Stroke SIG research poster award at the ANPT Annual Conference, reviews her research on whether subjective and objective measures of perceived challenge of walking predict home and community ambulation after stroke.

Click on the video link above to watch this short video and learn about the study and results.

The Stroke SIG Celebrates PT Month



We will be sharing tips and tricks for
Patients, Students, Clinicians

Follow us for a month of celebrating
Stroke and PT



Make sure you're following the Stroke SIG during the month of October! Click on the links below to connect with us on social media to receive tips and tricks for Patients, Students, and Clinicians throughout PT month!

Run for Office! ANPT and Special Interest Group Elections



Plan ahead and consider running for a position on the Stroke SIG board!

The following Stroke Special Interest Group are open:

- Chair Elect
- Vice Chair

- Nominating Committee

Nominations are due March 21, 2022 and you are encouraged to self-nominate. The nomination link is now live on the [ANPT Elections Webpage](#).

Elections will be held April 4 - May 4, 2022. Three year terms begin July 1, 2022.

All Stroke SIG board positions involve attendance at monthly meetings and leadership of one of our Stroke SIG initiatives, such as our podcast, Student Corner, Social media, or weekly newsletter.

For more information on Stroke SIG initiatives, visit our page [here](#).

Don't hesitate to reach out to our Nominating Committee for more information at strokesig@gmail.com

Nominating Committee Members:

- Rachel Prusynski
- Ginny Little
- Mackenzie Wilson

ELECTIONS WEBSITE

VISIT THE STROKE SIG ONLINE!



Academy of Neurologic Physical Therapy
info@neuropt.org | www.neuropt.org

ANPT Social Media

