

November 9th, 2020



STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

- Stroke Corner: Barriers & Facilitators to Aerobic Exercise
- Don't forget the new Student Corner
- NEW Ways to Access Resources on APTA Website
- Run or Nominate someone for SIG Office!

Stroke Corner: JNPT Video Abstract



[VIDEO ABSTRACT LINK](#)

[ARTICLE LINK](#)

Barriers and Facilitators to Aerobic Exercise Implementation in Stroke Rehabilitation: A Scoping Review by Moncion et al.

This week's Stroke Corner highlights a great video abstract and research article in the Journal of Neurologic Physical Therapy. Click the links above to access the video abstract and free article.

STUDENT CORNER

[STUDENT CORNER LINK](#)

We are producing short educational videos and engaging in discussions with students.

The purpose of the [Student Corner](#) is to:

- Provide **resources and materials** for student learners about rehabilitation management of individuals post-stroke.
- Provide a platform for student learners to **develop clinical skills** related to rehabilitation management of individuals post-stroke.
- Provide a platform for student learners to **ask questions and seek feedback** about rehabilitation management of individuals post-stroke.

Check out Episode 1: Gait Impairments Post Stroke . Dr. Heather Hayes and DPT student Lynn Johnson discuss the gait impairments of a woman post-stroke. Using the Ranchos Los Amigos Gait Analysis format, impairments are identified and a treatment plan is formed.

Follow and join the Stroke SIG to know when more up-to-date content is coming out!

Finding Evidence Based Neurologic Rehab Resources on APTA.org

The previous **PTNow** resources are now in a different location and easy to search on the [apta.org](https://www.apta.org) website! You can search for evidenced based neurologic rehabilitation resources that have been published by the APTA and resources published in EBSCO Database at the same time.

A [Rehabilitation Reference Center](#) includes point-of-care resources such as exercise images, patient education sheets, and quick access to medication references.

The **APTA Patient Care** section has patient care resources to help you in your daily practice — including content and tools previously housed at PTNow. Search for [clinical practice guidelines](#), [tests and measures](#), or other [evidence-based practice resources](#). APTA members also have access to the [Guide to Physical Therapist Practice](#). Here is the link: [APTA Patient Care](#).

RUN FOR SIG OFFICE

The Link to Nominate Yourself or A Colleague for ANPT Office is Live!

<https://neuropt.org/members/nomination>

You must be logged into your ANPT Account to access the form.

Positions open for the Stroke SIG board this year include:

1. SIG Nominating Committee- 3-year term
2. SIG Secretary - 3 year term

Nominations are due March 21st, 2021

Position Descriptions are available at the link above and copied below:

Secretary (3-year Term)

OFFICER DUTIES AND RESPONSIBILITIES

- i. Maintains a record of all official actions and decisions of the SIG.
- ii. Records the minutes of all SIG meetings and conference calls.
- iii. Submits minutes of SIG meetings (CSM, conference calls) to the SIG officers.
- iv. Attends the SIG officers meeting with the Academy Vice President at CSM.
- v. Assists the Chair in preparing and submitting an annual plan for the SIG to the Board of Directors.
- vi. Ensures currency of SIG website links and content every 6 months at minimum.
- vii. Provides for orientation of a successor

Nominating Committee Member (3-year term, 2 years as committee member and 1 year as committee chair)

DUTIES AND RESPONSIBILITIES

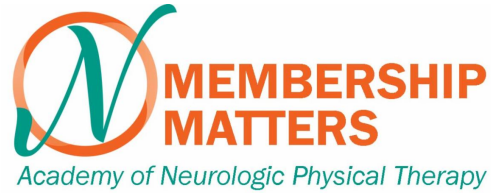
1. Prepares annually a slate of two (2) or more candidates for each open SIG office.
2. Coordinates with the Executive Director and Academy Nominating Committee liaison to build ballot and to

conduct elections.

3. Chair attends the SIG officers meeting with the Academy Vice President at CSM.

NOMINATE YOURSELF OR SOMEONE ELSE TODAY

VISIT THE STROKE SIG ONLINE!



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ANPT Social Media

