

December 6, 2021



STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

- **Student Corner: Video** Case Study Series to help you apply high intensity gait training
- APTA Advocacy: New Legislation-- You can still help fight payment cuts!
- **NEW** Elections information now available: Sign up to run for ANPT or SIG Office!

Student Corner Special Series: Video Case Studies for Application of High Intensity Gait Training Case #1



STROKE SIG STUDENT INFO

Academy of Neurologic Physical Therapy



HIGT CPG – limitations and caveats

- Developed for post-stroke individuals who had stroke >6 months back
- Primarily applicable for gait outcomes of 'speed' and 'distance', may not apply to non-gait function
- Based on research using individuals who were able to walk without substantial assistance
- **May not apply to individuals with limited ambulatory function, who may need a lot of assistance to walk, or who have severe gait-related balance problems – so, may need to adapt to apply HIGT**
- Primarily based on evidence with post-stroke individuals, with **limited or no-evidence with iSCI or TBI patients.**

This first case of a special two-part series with Dr. Arco Paul and DPT student Kristen Hammack focuses on practical application of High Intensity Gait Training, following a 66 year-old-male 7-months post-stroke receiving PT in an outpatient setting.

Don't miss the visual examples and evaluation specifics- and a robust discussion on how to apply the [Locomotor Training Clinical Practice Guideline](#) to focus on specific subcomponents of gait.

This is a great example for clinicians and students hoping to provide High Intensity Gait Training in a clinical setting.

Thanks to Dr. Paul and Kristen for contributing your time to help others apply best practices!

[VIDEO LINK](#)

NEW Legislation Introduced to offset payment cuts: Use your voice today



[Speak Out on the 2022 Fee Schedule Cuts \(H.R. 6020\)](#)

Congress has the opportunity to take action to address CMS plans for significant payment reductions for physical therapy services and implementation of the PTA differential in the 2022 physician fee schedule.

A bipartisan bill in the House of Representatives would increase funding to effectively offset the cuts — **now's the time to let lawmakers know that they need to act.** APTA's Patient Action Center makes it quick and easy to contact lawmakers and advocate for the profession.

Click on the link below to send a message to your lawmakers!

Run for Office! ANPT and Special Interest Group Elections



Plan ahead and consider running for a position on the Stroke SIG board!

The following Stroke Special Interest Group are open:

- Chair Elect
- Vice Chair
- Nominating Committee

Nominations are due March 21, 2022 and you are encouraged to self-nominate. The nomination link is now live on the [ANPT Elections Webpage](#).

Elections will be held April 4 - May 4, 2022. Three year terms begin July 1, 2022.

All Stroke SIG board positions involve attendance at monthly meetings and leadership of one of our Stroke SIG initiatives, such as our podcast, Student Corner, Social media, or weekly newsletter.

For more information on Stroke SIG initiatives, visit our page [here](#).

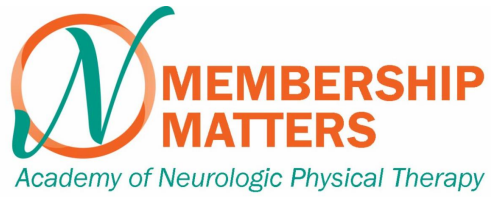
Don't hesitate to reach out to our Nominating Committee for more information at strokesig@gmail.com

Nominating Committee Members:

- Rachel Prusynski (Chair)
- Ginny Little
- Mackenzie Wilson

ELECTIONS WEBSITE

VISIT THE STROKE SIG ONLINE!



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ANPT Social Media

