

August 2020 Stroke Corner: Research Video on High Intensity Gait Training

Help the APTA Fight Medicare Cuts



Stroke Corner August 2020: High Intensity Gait Training Research Video

Thanks to Wendy Romney, PT, DPT, PhD, NCS for sharing her research!

VIDEO



Sacred Heart UNIVERSITY

5

Follow along at the video above to hear about Dr. Romney's work with a patient with chronic CVA (1 year post-stroke) who underwent high intensity gait training just once per week.

Don't miss clinical pearls on dosage, specific treatment examples, heart rate intensity monitoring, progression to moderate and high intensity training, and improvements on outcome measures.

The Physical Therapy Profession Needs Your Help!

The physical therapy profession needs your support today!

Members of Congress need to hear from you so they take immediate action to stop the 9% cut to Medicare payment in 2021. There are template letters available for both [members](#) and [non-members, including the general public](#) on these links. Encourage your colleagues and patients to connect with Congress too!

Not sure about the details about the Physician Fee Schedule Proposal? APTA has created a 35 minute presentation that provides an overview of the rule, APTA's efforts and ways to get involved. The webinar recording can [be found here](#), password is 5DvW!4&7

Thousands of APTA members have already voiced their concern but Congress needs to hear from all physical therapists. Connect today and help make a difference!

Save the Date: Rhythm & The Motor Systems Webinars

Hot Topic Webinar Series hosted by the ANPT Practice Committee Practical applications for clinical and telehealth environments

These webinars present theory and practical application of the use of rhythm as an intervention approach for gait training with potential implications for clinical and telehealth practice environments.

September 15, 2020: Rhythm and the Motor System: Gait Training in Persons Post Stroke Webinar Presented by: Lou Awad PT, DPT, PhD, Brian Harris MT-BC, NMT and Abigail Spaulding PT, DPT, NCS

Registration closes on September 11th.

[Click here](#) to register today.

ANPT Resources Index for Educators

An index of FREE neuro rehabilitation education resources is now available on the ANPT website <https://neuropt.org/professional-resources/educators-index>!

These are listed by health condition, as many neurorehabilitation courses are organized in this way. There is also a section that pertains to multiple health conditions. All resources link to the original content and the index will be updated regularly.

Thank you to ANPT members Sue Perry, PT, DPT and Cindy Zablotny, PT, DPT, NCS for developing this resource.

Core Outcome Measures Synapse Courses

A new series of five courses on the Core Outcome Measures has been released on the [ANPT Synapse Education Center](#). Focused on the CPG “A Core Set of Outcome Measures for Adults with Neurologic Conditions Undergoing Rehabilitation” these courses include nine action statements related to the recommended measures, use of the core set, and collaborative decision-making, interpretation, and continuum use. The Core Set includes:

- 10 Meter Walk
- 6 Minute Walk
- Berg Balance Scale
- Five Times Sit to Stand
- ABC Functional Gait Assessment Score

For additional resources from the CPG, visit the website [here](#).

Connect with us

