

November 3, 2022



Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

Practice Resources on the ANPT Webpage

Hello Academy Member! The ANPT Practice Committee is dedicating Part 2 of the October/November, 2022 Message to highlighting key resources recently developed to support knowledge translation efforts from the ANPT and resources developed by ANPT work groups. We hope these resources will support you in the pursuit of best practices for neurologic physical therapy.

ANPT Resources

Are you following the [ANPT's YouTube Channel](#)? If not, be sure to take a moment to explore the growing number of video resources that are available to you on this platform! Below are a few great examples:

- [Summary of Recommendations for the Concussion/mTBI CPG](#)
- [Example of Vestibular Evaluation via Telehealth](#)
- [Motivational Interviewing Reflection on a Patient with CVA](#)
- [OPTIMAL Theory of Motor Learning](#)
- [Stroke SIG Student Corner – Student Question: Aphasia](#)
- [Locomotor Function CPG: Safety Considerations for High Intensity Gait Training](#)
- Case Examples for Implementation of HIGT: [chronic](#) or [acute](#)

In case you missed it, as a benefit for Academy membership, the ANPT Practice Committee has [archived](#) the Messages from the ANPT Practice Committee. This material DOES require a log in.

- Part I of the Message strategically highlights information relevant practice issues such as payment, reimbursement, and coding.
- Part II of the Message provides updated resources being produced within the APTA and ANPT to help advance the practice of neurologic physical therapy and improve implementation of clinical practice guidelines.
- To access the archive, simply [log on](#) to the ANPT website with your membership information.

Special Interest Group Highlights

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIGs are doing. [Take a look](#) at the ANPT website SIG information, sign up, get active!

Assistive Technology/Seating and Wheeled Mobility:

- Check out the recent podcast collaboration between the Stroke and Assistive Technology/Seating and Wheeled Mobility SIGs: [“Wheelchair Prescription in the Neurologic Population.”](#)
- Looking for more information on the ANPT Wheelchair Seating and Mobility Curriculum for pre-professional PTs and PTAs? Check out the Panel Discussion and Q&As: [Part I](#) and [Part II](#).

Balance and Falls SIG:

- Check out the new [World guidelines for fall prevention and management for older adults](#) recently published September 30, 2022 in Age and Ageing.

Brain Injury SIG:

- The Clinical Discussion Night scheduled for November 2nd is postponed. Stay tuned for further details. Visit the [Brain Injury SIG](#) or follow them on [Instagram](#) for info on upcoming Discussion Nights and other resources.

Degenerative Diseases SIG:

- Do you have clinical expertise in working with individuals with degenerative neurologic disease? [Apply today](#) to be listed on the [Degenerative Diseases Clinical Specialist Locator Map](#).
- Check out the most recent episodes of the Degenerative Diseases Podcasts for discussion on [Capacity vs Performance](#) and [Fall Prevention](#) for wheelchair users with Multiple Sclerosis.

Residency and Fellowship SIG:

- Register for the [2nd Annual Neurologic PT Residency Fair](#) on November 29th from 6-9pm (Eastern) to learn about what the different neurologic residency programs offer. It will be hosted on Zoom, so students and clinicians can join as your schedules allow!
- Program directors have many new resources available including the ability to [host a break out room](#) at the upcoming residency fair, access to an [updated compendium of teaching resources for neurologic residency education](#), and a list of resources specifically for [developing programs](#).

Spinal Cord Injury SIG:

- Check out this podcast to get to know the [SCI SIG leadership](#)
- Check out this discussion with Edelle Field-Fote on [Spasticity following Spinal Cord Injury](#)
- Looking for a clinician with experience in spinal cord injury rehabilitation? Check out the [clinician map](#)

**Translating Knowledge into Practice:
ANPT Taskforce Highlights**

The purpose of these groups is to help clinicians integrate evidence-based practice into clinical practice. See below for resources these work groups have developed.

Orthotics and Neuroprosthetics KT Task Force

- Looking for guidance on use of AFO vs FES for individuals recovering from stroke? Check out these [clinical pearls](#) from the AFO vs FES Clinical Practice Guidelines
- Check out the [Action Statement Summaries](#) from the Clinical Practice guidelines for guidance on clinical application and dosage considerations to optimize outcomes for individuals with acute vs chronic stroke

Concussion KT Task Force

- Check out these new [clinician resources](#) to guide management of various symptoms for individuals recovering from concussion including: cervical musculoskeletal, vestibular/ocular, autonomic/exertional intolerance, depression, and anxiety
- New patient education resources for strategies to [optimize recovery](#) and manage symptoms of [depression/anxiety](#) following concussion

Vestibular Hypofunction KT Task Force

- Recently presented an education session on a case-based approach to using the CPG at the ANPT Annual Conference, as well as presented two posters at the ANPT Annual Conference and International Conference for Vestibular Rehabilitation (ICVR). One of the posters earned Honorable Mention in the Case Series poster category at ICVR.
- Documents related to the task force are currently being translated into French, German, Mandarin Chinese, and Spanish. Look for these updated documents in early 2023!

Neurologic Telehealth Task Force

- The taskforce has posted several helpful [Telehealth Traffic Light Toolkit](#) tools clinicians can use when determining if telehealth is a safe mode of care. These tools provide guidance on the use of [Performance Based Outcome Measures](#) and [Patient Reported Participation Measures](#) that have been successfully utilized within telehealth settings for patients with neurological conditions.

Parkinson Disease KT Task force

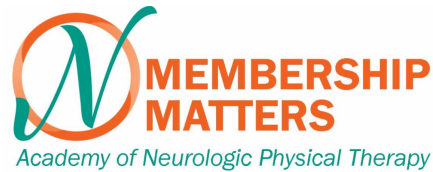
- Looking for updated resources to optimize outcomes for individuals with Parkinson's Disease? This [toolkit](#) provides resources for evidence-based recommendations for aerobic exercise, resistance training, balance training, flexibility exercises, gait training, cueing strategies, task specific training, community-based exercise programs, and strategies to promote behavior change.

The Practice Committee

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Danny Miner at info@neuropt.org

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