

May 3, 2022



Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

Practice Resources on the ANPT Webpage

Hello Academy Member! The ANPT Practice Committee is dedicating Part 2 of the April 2022 Message to highlighting key resources recently developed to support knowledge translation efforts from the ANPT and resources developed by ANPT work groups. We hope these resources will support you in the pursuit of best practices for neurologic physical therapy.

Health Promotion and Wellness

Check out these valuable resources designed to help promote health and wellness for individuals living with a neurological condition or injury:

1. ANPT Synapse Center Education Course: [Health Promotion & Wellness Strategies Applied to Neurorehabilitation](#)
2. JNPT Article: [Health Promotion and Wellness in Neurologic Physical Therapy: Strategies to Advance Practice](#)
3. [Bridging the Gap Toolkit](#)
4. [Physical Activity Stage of Change Assessment Tool](#)
5. [Motivational Interviewing Pocket Guide](#)
6. Motivational Interviewing: [Training Resources](#)
7. Health Coaching: [Training Resources](#)

Don't Miss Out! Hot Topic Webinar Series- Hosted by the ANPT Practice Committee

Make sure to register for the upcoming [two-part webinar series](#) by Julie Hershberg, PT, DPT, NCS and Chelsea Richardson, PT, DPT, NCS as they present on Functional Movement Disorders (FMD) on May 10th and May 18th. Part 1 will focus on assessment and Part 2 will focus on intervention strategies for FMD, one of the most challenging yet increasingly prevalent conditions encountered in neurologic physical therapy practice. Save money and [register](#) for both!

Special Interest Group Highlights

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIGs are doing. [Take a look](#) at the ANPT website SIG information, sign up, get active!

Assistive Technology/Seating and Wheeled Mobility:

- Check out the new power wheelchair standing practice & documentation [resources](#), including evidence-based response to denials of standing devices.
- Check out the [Guideline for Introducing Powered Mobility to Infants & Toddlers](#) and the accompanying on-demand [webinar](#).

Balance and Falls SIG:

- Check out the latest [podcast](#): “Discussion of the January 2022 JNPT article interview: “Fluid Cognition Relates to Locomotor Switching in Neurotypical Adults, Not Individuals After Stroke.”

Brain Injury SIG:

- Know of any students that have interest in neuro PT? Encourage them to apply for these student intern positions! Positions are available for a social media intern, special projects intern, and student outreach liaison. Apply using this [link](#). Deadline is May 15, 2022.
- Click on the [link tree](#) for information about various resources and events.

Degenerative Diseases SIG:

- Are you an ANPT Member with clinical expertise in rehabilitation management of individuals with degenerative diseases? Fill out this [form](#) to be added to the [clinician locator map](#).
- Check out the latest podcasts on [Health Promotion & Wellness](#) in Neurologic Physical Therapy and the [Clinical Practice Guidelines for Parkinson’s Disease](#)

Residency and Fellowship SIG:

- Looking for resources to train new residency mentors? Be sure to check out the SIG’s [Mentoring Resource](#) webpage.
- Share or access the SIG’s [Prospective Resident Resource](#) to view responses to FAQ about residency education!

Spinal Cord Injury SIG:

- Interested in reviewing specific SCI syndromes? Check out the following SCI Factsheets on [Anterior Horn Syndrome](#), [Brown-Sequard Syndrome](#), and [Cauda Equina Syndrome](#)
- Check out the latest [podcast](#) on spinal cord imaging markers and recovery.

Vestibular SIG:

- The Vestibular SIG has launched a page to help members connect for research collaboration: [Vestibular SIG Research Collaboration](#)
- Check out a new [podcast](#) featuring Dr. Rob Landel on causes, examination and intervention strategies for people with Cervicogenic Dizziness

Translating Knowledge into Practice: ANPT Taskforce Highlights

The purpose of these groups is to help clinicians integrate evidence-based practice

into clinical practice. See below for resources these work groups have developed.

Locomotor Training KT Task Force

- A [list of podcasts](#) associated with application of the Locomotor Training CPG is available on the ANPT website
- The [Clinician Resource Page](#) from the KT task force now has video examples of implementation of locomotor training at high intensities post [stroke](#) and post [incomplete SCI](#)

Orthotics and Neuroprosthetics KT Task Force

- Check out this [video case](#) put together by Dr. Heather Hayes and the Stroke SIG regarding application of the AFO vs FES Clinical Practice Guidelines

Concussion KT Task Force

- Check out this [new clinician handout](#) to guide physical therapy management for individuals recovering from concussion

Vestibular Hypofunction KT Task Force

- Check out the [podcast](#) “Vestibular Rehabilitation for Peripheral Vestibular Hypofunction Clinical Practice Guideline Update: A Discussion with the Authors.”
- Check out the [Balance Fact Sheet](#) for Vestibular Hypofunction to see the most up to date recommendations from the CPG

Neurologic Telehealth Task Force

The Neurological Telehealth Task Force has been busy working on resources. Check out some of the new ones posted below and keep an eye out for new videos to be posted soon!

- [Traffic Light Flow Sheet](#) is to help guide a clinician through problem solving on the evaluation visit to determine if telerehabilitation is appropriate for the patient.
- [Sample Patient Handout for Telehealth and Neurological Physical Therapy Services](#)
- Abstracts of the Month can be found under the [KT to Practice](#) section

Moving Forward Task Force

- ANPT National Campaign, #Evidence Elevates wants to understand your practice. Please complete the [survey](#)! First 400 respondents will receive a \$5 gift card.

Parkinson Disease KT Task force

- The Parkinson Disease Task Force has been creating a variety of resources to aide the implementation of the PT Management of Parkinson Disease CPG. Click [here](#) for a complete list of the CPG Toolkit.
- Interested in learning more about how the CPG was developed? Listen [here](#).
- Click [here](#) to read the updated version of PT Management of Parkinson Disease CPG.

The Practice Committee

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to

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