

# Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

Practice
Resources
on the
ANPT
Webpage

Hello Academy Members! The ANPT Practice Committee is dedicating Part 1 of our Message to: the Evidence Elevates campaign, APTA specialist certification, learning more about OPTIMAL theory of motor learning, and the upcoming annual conference. We hope these resources assist you in staying current in your practice. Stay tuned for Part 2 of the Message which will come out within the next week and will include resources from the SIGS and ANPT work groups.

#### **Evidence Elevates**

The National Campaign <u>"Evidence Elevates"</u> is going strong. As part of the Moving Forward Task Force, this campaign promotes neurologic practice based on the current best available evidence. Please help *elevate* your practice in your own setting and amongst your colleagues!

Also, be sure to check out the new <u>podcast</u> on the ANPT website, which features stories of change agents in our profession and portrays various beliefs regarding traditional vs current research-based approaches in neurologic physical therapy.

#### **APTA Specialist Certification**

Interested in becoming a Board-Certified Clinical Specialist in Neurologic Physical Therapy? The <u>initial certification</u> deadline is **July 31, 2022**. <u>Click here</u> to find more resources and information about the path to becoming a Neurologic Clinical Specialist.

#### **Payment and Policy Update**

The Centers for Medicare & Medicaid Services (CMS) released the proposed Calendar Year (CY) 2023 Medicare Physician Fee Schedule Rule and Fact Sheet on July 7, 2022, scheduled for publication on July 29, 2022.

These proposed policies would become effective January 1, 2023, if finalized. Comments will be due September 6, 2022 at 5:00pm EST. Please see this <u>link</u> for more information and details.

#### H.P. Maley Lecture: Time to Take Your Medicine

### (to the Next Level)

Save the date of Sunday August 14, 2022 at 7pm ET and <u>tune in here</u> for a free live stream from Washington, D.C. where Dr. Susan Whitney, PT, PhD, FAPTA will describe how "Exercise is Our Medicine" and how we, with knowledge of optimal exercise intensity and specificity, can leverage exercise prescription and dosage to promote optimal recovery for our patients.

## **Are We Providing OPTIMAL Care?**

How can a goal-directed external focus of attention enhance performance and outcomes? As you try to motivate your patients, have you considered how important it is to support your patients' autonomy and give them an enhanced expectancy of a successful outcome? Learn more about the <a href="OPTIMAL Theory of Motor Learning">OPTIMAL Theory of Motor Learning</a>. Check out these great resources for more examples and information:

- 1. <u>Applying the OPTIMAL: We believe you can do this!</u> Webinar- Mike Studer, PT, DPT, MHS, MCS, CEEAA, CWT, CSST, FAPTA
- Functional Movement Disorders- Part 1- Assessment Webinar- Julie Hershberg, PT, DPT, NCS & Chelsea Richardson, PT, DPT, NCS
- 3. <u>Functional Movement Disorders- Part 2- Treatment</u> Webinar- Julie Hershberg, PT, DPT, NCS & Chelsea Richardson, PT, DPT, NCS
- 4. OPTIMAL Theory of Motor Learning- Part 1- ANPT YouTube- Stroke Special Interest Group- Wendy Romney, PT, DPT, PhD, NCS & Mary Claire Hemmer, SPT
- 5. OPTIMAL Theory of Motor Learning- Part 2- ANPT YouTube- Stroke Special Interest Group- Wendy Romney, PT, DPT, PhD, NCS & Mary Claire Hemmer, SPT

## **Register for 2022 ANPT Conferences**

Registration for the 2nd ANPT Annual Conference and 2nd International Conference for Vestibular Rehabilitation is now open through the ANPT website.

The ANPT Annual Conference is October 13-15 and the International Conference for Vestibular Rehabilitation is October 15-17, both at the Hyatt Regency in downtown Minneapolis, MN. Each conference offers inspirational keynote speakers, two packed days of education sessions, and nightly poster receptions in the exhibit hall, providing networking with colleagues and vendors.

There is special ANPT member pricing with a \$100 discount when registering for both conferences. Make your lodging accommodations early using ANPT group rate at the Hyatt Regency, Minneapolis <a href="here">here</a>. Housing block closes when it is full or September 21, 2022.

Explore more information on each conference through these links:

- ANPT Annual Conference
- International Conference for Vestibular Rehabilitation

#### **The Practice Committee**

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Danny Miner at <a href="mailto:info@neuropt.org">info@neuropt.org</a>

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\*All committee members are Board Certified Clinical Specialists in Neurologic Physical Therapy (ABPTS)



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