

August 5, 2021



Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

Practice Resources on the ANPT Webpage

Hello Academy Members! The ANPT Practice Committee is dedicating Part 2 of the July 2021 Message to highlighting key resources to support knowledge translation efforts from the ANPT and resources developed by ANPT work groups. We hope these resources will support you in the pursuit of best practices for neurologic physical therapy.

New Hot Topic Webinars

In case you missed it, head over to the [ANPT Synapse Education Center](#) to catch the most recent [Hot Topic Webinar](#), hosted by the ANPT Practice Committee. Becky Bliss and Jeff Bridges discuss using the pain science framework to manage fear avoidance behaviors in individuals following concussion.

World PT Day Resources

As an ANPT member, you are automatically a member of the International Neurologic Physical Therapy Association (INPA). This membership allows you access to many additional resources which can be found on the [INPA website](#).

The INPA recently shared resources for annual World PT Day, on September 8th. The [World PT Day Toolkit](#) has materials in many languages aimed at raising awareness of the role of a physical therapist on a global level. This year the focus is on rehabilitation and Long COVID.

Highlights from Special Interest Groups

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIGs are doing. **Take a look** at the ANPT website SIG information, sign up, get active!

Assistive Technology/Seating and Wheeled Mobility:

- Check out the [SIG's new podcast](#) that highlights the career of master clinician, Penny J. Powers, PT, MS, ATP. Learn about her transition to a wheelchair seating specialist and the rewards of providing these types of services.

Balance and Falls SIG:

- Fall Prevention Day is always the first day of fall in September. This year the [National Council on Aging](#) has designated Sept 20-24 as Fall Prevention Awareness week. The Balance and Fall SIG provides a list of [resources and CE courses](#) that you might find helpful to use for raising awareness and supporting prevention on this topic.

Brain Injury SIG:

- Check out the most recent [“Brain Bytes” podcast](#) about wheelchair seating and positioning in patients with brain injury
- Our topic of the quarter (July-September) is the Locomotor CPG

Degenerative Diseases SIG:

- Check out the latest [Deep Dive into Degenerative Diseases podcast](#) with Dr. Graham Cochrane regarding his recent [JNPT article](#) on vestibular assessment in individuals with multiple sclerosis
- Keep up with the DDSIG on [Facebook](#) and [Twitter](#)

Stroke SIG:

- Stroke Corner is the go-to spot for new and noteworthy information for clinicians, including relevant articles and weekly content. Take a look here <https://neuropt.org/special-interest-groups/stroke/new-and-noteworthy>
- Get your students involved by referring them to the Student Corner! This platform is for student learners to develop clinical skills and to ask relevant questions related to stroke rehabilitation. <https://neuropt.org/special-interest-groups/stroke/student-corner>

Residency and Fellowship SIG:

- Check out the [webpage for program directors](#) which includes many helpful resources to advance your residency curriculum including a [compendium of residency curricular resources](#).

Spinal Cord Injury SIG:

- The SCI SIG’s 11th podcast episode was just posted discussing respiratory rehabilitation and diaphragm pacing after SCI. Check it out [here!](#)
- Check out the new [SCI SIG Calendar](#) to see upcoming SCI-related events.

Vestibular SIG:

- Check out this [fact sheet](#) on dizziness with exercise. There is some great information that may help your patients.
- Keep up with the Vestibular SIG [Facebook](#) page for more resources and journal club discussions and links to the [Dizzy Pub Fare](#).

Translating Knowledge into Practice: ANPT Taskforce Highlights

The purpose of these groups is to help clinicians integrate evidence-based practice into clinical practice. See below for resources these work groups have developed.

Movement System Task Force

- Two articles that focus on the movement system for neurologic conditions are now available ahead of print through PTJ.
 - [A framework for movement analysis of tasks: Recommendations from the Academy of Neurologic Physical Therapy's Movement System Task Force](#)
 - [Movement System Diagnoses for Balance Dysfunction: Recommendations from the Academy of Neurologic Physical Therapy's Movement System Task Force](#)

Locomotor Training KT Task Force

- Do you run a journal club or want to start a journal club to promote evidence-based practice in your clinic? Here is a [Journal Club Guide](#) with resources collated to drive thoughtful discussion and implementation of the Locomotor Training CPG.
- Tune in to the ANPT Annual Conference for an education session by the KT Task Force focused on overcoming barriers to high intensity gait training.

Orthotics and Neuroprosthetics KT Task Force

- Questions about whether or not an AFO or FES would be beneficial for your patient recovering from acute vs chronic stroke? This [clinician resource](#) can help guide clinical decision making based on your patient's goals for physical therapy.

Concussion KT Task Force

- Check out these newly developed [clinician resources](#) to help guide clinical decision making for [screening](#), [examination](#), and [intervention](#) for individuals recovering from concussion.

Vestibular Hypofunction KT Task Force

- The Vestibular Hypofunction KT Task force has hit the ground running. As one of the newer Task Forces this group is prepping for publication of the CPG anticipated this October. Looking forward to great resources from this group.

Neurologic Telehealth Task Force

- The members of the Neurologic Telehealth Task Force have been busy since being appointed in March of this year. Stay tuned for resources as soon you will see a Neurological Telehealth page on the neuropt.org webpage.

Moving Forward Task Force

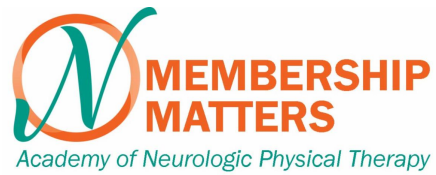
- This new and exciting Task Force has been developed to support the ANPT vision to be the leading innovators in neurologic physical therapy, while evolving together to provide treatment based on the best available evidence and research! Stay tuned for updates from this team and keep a look out for our national campaign.

The Practice Committee

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Heather Knight at info@neuropt.org

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ANPT Social Media

