



Parkinson EDGE Task Force Recommendations: By Disease Stage

PDEDGE Task Force Recommendations by Disease Stage

Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
<p>Hoehn & Yahr I</p> <p>* PDEDGE task force as part of the core set of measures for Parkinson Disease</p>	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • BestTest • Fatigue Severity Scale • MDS-UPDRS revision* • Mini BesTest* • Montreal Cognitive Assessment (MoCA)* • Sit to stand, 5 repetitions* • Parkinson's Fatigue Scale 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • Brief BESTest • Functional Axial Rotation • Mini Mental Status Exam (MMSE) • Multidirectional Functional Reach Test • Profile PD • Purdue Peg Board test • Push-release test • Rapid Step-up Test - timed measure of 10 reps • Saint Louis Mental Status Examination • Timed sit to stand, reps completed in 30 sec • Trunk Impairment Scale • Walking while talking test (WWTT) 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • Clinical Test of Sensory Integration and Balance • Retropulsive Test • Timed up and go cognitive and manual

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Disease Stage Rating	Recommended (3 or 4)	Reasonable to recommend (2)	Do not recommend (1)
Hoehn & Yahr I * PDEDGE task force as part of the core set of measures for Parkinson Disease	<u>Activity</u> <ul style="list-style-type: none"> • 2 minute walk test • 6 Minute walk test* • 360 degree Turn Test • 9 hole peg test* • Dynamic Gait Index • Functional Gait Assessment* • Gait Speed* (10 meter walk test) • Self- Reported Disability Scale in Patients with Parkinson’s Disease • Sit to stand, 5 repetitions* • Timed Up and Go 	<u>Activity</u> <ul style="list-style-type: none"> • Dyskinesia Rating Scale • Four square step test • Modified Gait Efficacy Scale • Modified Parkinson's Activity Scale • OPTIMAL (APTA) • Physical Performance Test (PPT) modified • Profile PD • Self-Efficacy Exercise Scale • Single Leg Stance • Timed 10m Backwards walk • Tinetti Mobility Test POMA • Trunk Impairment Scale • Walking while talking test (WWTT) 	<u>Activity</u> <ul style="list-style-type: none"> • Berg Balance Scale • Falls Efficacy Scale - Modified • Freezing of Gait Questionnaire • Functional Independence Measure (FIM) • Functional reach test • Stops Walking When Talking Test (SWWT) • Supine to stand • Timed up and go cognitive and manual • Unified Dyskinesia Rating Scale
	<u>Participation</u> <ul style="list-style-type: none"> • Activities Specific Balance Confidence Scale (ABC) • Continuous Scale Physical Functional Performance Test (CS-PFP) 	<u>Participation</u> <ul style="list-style-type: none"> • Parkinson’s ADL Scale • SF-36 • SF-12 • Walking while talking test (WWTT) 	<u>Participation</u> <ul style="list-style-type: none"> • History of Falls Questionnaire •

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<p>Hoehn & Yahr I</p> <p>* PDEDGE task force as part of the core set of measures for Parkinson Disease</p>	<ul style="list-style-type: none"> • PDQ-39 • PDQ-8 (short version) 	<ul style="list-style-type: none"> • World Health Organization Quality of Life-BREF (WHOQOL-BREF) 	

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<p>Hoehn & Yahr II</p> <p>* PDEDGE task force as part of the core set of measures for Parkinson Disease</p>	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • BestTest • Brief BESTest • Fatigue Severity Scale • MDS-UPDRS revision* • Mini BESTest* • Mini Mental Status Exam (MMSE) • Montreal Cognitive Assessment (MoCA) * • Parkinson's Fatigue Scale • Push-release test • Sit to stand, 5 repetitions* 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • Functional Axial Rotation • Multidirectional Functional Reach Test • Profile PD • Rapid Step-up Test - timed measure of 10 reps • Saint Louis Mental Status Examination • Timed up and go cognitive and manual • Timed sit to stand, reps completed in 30 sec • Trunk Impairment Scale • Walking while talking test (WWTT) 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • Clinical Test of Sensory Integration and Balance • Retropulsive Test
<p>Hoehn & Yahr II</p>	<p><u>Activity</u></p> <ul style="list-style-type: none"> • 2 minute walk test • 6 Minute walk test* • 360 degree Turn Test • 9 hole peg test* • Berg Balance Scale • Dynamic Gait Index • Four square step test • Freezing of Gait Questionnaire • Functional Gait Assessment* 	<p><u>Activity</u></p> <ul style="list-style-type: none"> • Modified Gait Efficacy Scale • Self-Efficacy Exercise Scale • Single Leg Stance • Dyskinesia Rating Scale • Modified Parkinson's Activity Scale • OPTIMAL (APTA) • Timed 10m Backwards walk 	<p><u>Activity</u></p> <ul style="list-style-type: none"> • Falls Efficacy Scale - Modified • Functional Independence Measure (FIM) • Stops Walking When Talking Test (SWWT) • Supine to stand

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<p>* PDEdge task force as part of the core set of measures for Parkinson Disease</p>	<ul style="list-style-type: none"> • Functional reach test • Gait Speed* (10 meter walk test) • Physical Performance Test (PPT) modified • Purdue Peg Board test • Self- Reported Disability Scale in Patients with Parkinson’s Disease • Sit to stand, 5 repetitions* • Timed Up and Go • Tinetti Mobility Test • POMA 	<ul style="list-style-type: none"> • Timed up and go cognitive and manual • Trunk Impairment Scale • Unified Dyskinesia Rating Scale • Walking while talking test (WWTT) 	
	<p><u>Participation</u></p> <ul style="list-style-type: none"> • Activities Specific Balance Confidence Scale (ABC) • Continuous Scale Physical Functional Performance Test (CS-PFP) • PDQ-39* • PDQ-8* (short version) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • Parkinsons ADL Scale • SF-36 • SF-12 • Walking while talking test (WWTT) • World Health Organization Quality of Life-BREF (WHOQOL-BREF) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • History of Falls Questionnaire

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Hoehn & Yahr III * PDEDGE task force as part of the core set of measures for Parkinson Disease	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • BestTest • Brief BESTest • Fatigue Severity Scale • MDS-UPDRS revision* • Mini BESTest* • Mini Mental Status Exam (MMSE) • Montreal Cognitive Assessment (MoCA) * • Parkinson's Fatigue Scale • Push-release test • Sit to stand, 5 repetitions* 	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • Functional Axial Rotation • Multidirectional Functional Reach Test • Profile PD • Rapid Step-up Test - timed measure of 10 reps • Saint Louis Mental Status Examination • Timed up and go cognitive and manual • Timed sit to stand, reps completed in 30 sec • Trunk Impairment Scale • Walking while talking test (WWTT) 	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • Clinical Test of Sensory Integration and Balance Retropulsive Test
	<u>Activity</u> <ul style="list-style-type: none"> • 2 minute walk test • 6 Minute walk test* • 360 degree Turn Test • 9 hole peg test* • Berg Balance Scale • BESTest • Dynamic Gait Index • Four square step test • Freezing of Gait Questionnaire 	<u>Activity</u> <ul style="list-style-type: none"> • Functional Independence Measure (FIM) • Modified Gait Efficacy Scale • Self-Efficacy Exercise Scale • Single Leg Stance • Dyskinesia Rating Scale • Modified Parkinson's Activity Scale • OPTIMAL (APTA) 	<u>Activity</u> <ul style="list-style-type: none"> • Falls Efficacy Scale - Modified • Stops Walking When Talking Test (SWWT) • Supine to stand

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<p>Hoehn & Yahr III</p> <p>* PDEDGE task force as part of the core set of measures for Parkinson Disease</p>	<ul style="list-style-type: none"> • Functional Gait Assessment* • Functional reach test • Gait Speed* (10 meter walk test) • • Min BESTest* • Physical Performance Test (PPT) modified • Purdue Peg Board test • Self- Reported Disability Scale in Patients with Parkinson’s Disease • Sit to stand, 5 repetitions* • Timed Up and Go • Tinetti Mobility Test POMA 	<ul style="list-style-type: none"> • Timed 10m Backwards walk • Timed up and go cognitive and manual • Trunk Impairment Scale • Unified Dyskinesia Rating Scale • Walking while talking test (WWTT) 	
	<p><u>Participation</u></p> <ul style="list-style-type: none"> • Activities Specific Balance Confidence Scale (ABC) • Continuous Scale Physical Functional Performance Test (CS-PFP) • PDQ-39* • PDQ-8* (short version) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • Parkinsons ADL Scale • SF-36 • SF-12 • Timed up and go cognitive and manual • Walking while talking test (WWTT) • World Health Organization Quality of Life-BREF (WHOQOL-BREF) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • History of Falls Questionnaire

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Hoehn & Yahr IV * PDEDGE task force as part of the core set of measures for Parkinson Disease	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • BestTest • Brief BESTest • MDS-UPDRS revision* • Mini BESTest* • Mini Mental Status Exam (MMSE) • Montreal Cognitive Assessment (MoCA) * • Parkinson's Fatigue Scale • Purdue Peg Board test • Push-release test • Sit to stand, 5 repetitions* 	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • Clinical Test of Sensory Integration and Balance • Fatigue Severity Scale • Functional Axial Rotation • Multidirectional • Rapid Step-up Test - timed measure of 10 reps • Saint Louis Mental Status Examination • Timed sit to stand, reps completed in 30 sec second timed sit-to-stand • Trunk Impairment Scale • Unified Dyskinesia Rating Scale 	<u>Body Structure and Function</u> <ul style="list-style-type: none"> • Functional Reach Test • Retropulsive Test • Timed up and go cognitive and manual
	<u>Activity</u> <ul style="list-style-type: none"> • 2 minute walk test • 6 Minute walk test* • 360 degree Turn Test • 9 hole peg test* • BESTest • Dynamic Gait Index • Four square step test • Freezing of Gait Questionnaire • Functional Gait Assessment* 	<u>Activity</u> <ul style="list-style-type: none"> • Functional Independence Measure (FIM) • Functional reach test • Modified Gait Efficacy Scale • Self-Efficacy Exercise Scale • Dyskinesia Rating Scale • Modified Parkinson's Activity Scale 	<u>Activity</u> <ul style="list-style-type: none"> • Berg Balance Scale • Falls Efficacy Scale - Modified • OPTIMAL (APTA) • Profile PD • Single Leg Stance • Stops Walking When Talking Test (SWWT) • Supine to stand • Timed Up and Go

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<p>Hoehn & Yahr IV</p> <p>* PDEdge task force as part of the core set of measures for Parkinson Disease</p>	<ul style="list-style-type: none"> • Gait Speed* (10 meter walk test) • Mini BESTest* • Physical Performance Test (PPT) modified • Self- Reported Disability Scale in Patients with Parkinson’s Disease • Sit to stand, 5 repetitions* • Tinetti Mobility Test • POMA • Walking while talking test (WTT) 	<ul style="list-style-type: none"> • Timed 10m Backwards walk • Trunk Impairment Scale 	<ul style="list-style-type: none"> • Timed up and go cognitive and manual
	<p><u>Participation</u></p> <ul style="list-style-type: none"> • PDQ-39* • PDQ-8* (short version) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • Activities Specific Balance Confidence Scale (ABC) • Continuous Scale Physical Parkinsons ADL Scale • Functional Performance Test (CS-PFP) • SF-36 • SF-12 • World Health Organization Quality of Life-BREF (WHOQOL-BREF) 	<p><u>Participation</u></p> <ul style="list-style-type: none"> • History of Falls Questionnaire • Timed up and go cognitive and manual

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<p>Hoehn & Yahr V</p> <p>* PDEdge task force as part of the core set of measures for Parkinson Disease</p>	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • MDS-UPDRS revision* • Parkinson's Fatigue Scale 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • Fatigue Severity Scale • Mini Mental Status Exam (MMSE) • Montreal Cognitive Assessment (MoCA) * • Purdue Peg Board test • Push-release test • Rapid Step-up Test - timed measure of 10 reps • Saint Louis Mental Status Examination 	<p><u>Body Structure and Function</u></p> <ul style="list-style-type: none"> • 30 second timed sit-to-stand • BestTest • Brief BESTest • Clinical Test of Sensory Integration and Balance • Functional Axial Rotation • Functional Reach Test • Mini BESTest* • Multidirectional reach test • Profile PD • Retropulsive Test • Sit to stand, 5 repetitions* • Timed up and go cognitive and manual • Trunk Impairment Scale • Unified Dyskinesia Rating Scale
<p>Hoehn & Yahr V</p>			

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* PDEDGE task force as part of the core set of measures for Parkinson Disease			<ul style="list-style-type: none"> • Supine to stand • Timed 10m Backwards walk • Timed Up and Go • Timed up and go cognitive and manual • Tinetti Mobility Test POMA • Trunk Impairment Scale • Walking while talking test (WWTT)
	<u>Participation</u> <ul style="list-style-type: none"> • PDQ-39* • PDQ-8* (short version) 	<u>Participation</u> <ul style="list-style-type: none"> • Continuous Scale Physical Parkinsons ADL Scale • Functional Performance Test (CS-PFP) • SF-36 • SF-12 • World Health Organization Quality of Life-BREF (WHOQOL-BREF) 	<u>Participation</u> <ul style="list-style-type: none"> • Activities Specific Balance Confidence Scale (ABC) • History of Falls Questionnaire • Timed up and go cognitive and manual