



Parkinson EDGE Task Force Recommendations: Entry Level Physical Therapy Instruction

Entry Level Education Recommendations:

Body Structure and Function

Students Learn

- Mini BESTest
- Montreal Cognitive Assessment
- Sit to stand, 5 repetitions*

Students Exposed

- MDS-UPDRS revision – Part 1 and 3
- Timed up and go cognitive

Entry Level Education Recommendations:

Activity and Participation

Students Learn

- 6 minute walk test
- 10 meter walk test
- Mini BESTest
- Functional gait assessment
- Sit to stand 5 times
- 9 hole peg test

Students Exposed

- MDS-UPDRS revision Part 2
- Timed up and go cognitive
- Freezing of gait questionnaire
- Parkinson's fatigue scale

Entry Level Education Recommendations:

Participation

Students Exposed

- PDQ – 8 or PDQ-39
- Activities-specific Balance confidence Scale