

# MS-EDGE Outcome Measures for Acute Care Settings

The MS-EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in acute care settings. Additional measures are recommended, but not as strongly. Additional materials are available at <http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis>

## Recommendations for Patients with Multiple Sclerosis:

### Highly Recommended Measures:

12-Item MS Walking Scale  
9-Hole Peg Test  
Berg Balance Scale  
MS Impact Scale (MSIS-29)  
Timed 25 Foot Walk  
Timed Up & Go (TUG) with  
Cognitive & Manual

### Recommended Measures:

6 Minute Walk Test  
Activities-Specific Balance  
Confidence Scale  
Box & Blocks test  
Disease Steps  
Dynamic Gait Index  
Fatigue Scale for Motor &  
Cognitive Functions  
Functional Reach  
Guy's Neurological Disability  
Scale  
Hauser Ambulation Index  
Maximal Inspiratory & Expiratory  
Pressure  
Modified Fatigue Impact Scale  
MS International Quality of Life  
Questionnaire  
MS Quality of Life (MS-QoL 54)  
MS Quality of Life Inventory  
Rivermead Mobility Index  
Short Form Health Survey of  
Medical Outcome Study (SF - 36)  
Trunk Impairment Scale \*  
Visual Analog Scale (fatigue)