

MS-EDGE Outcome Measures for Research

The MS-EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activity, and participation, evaluating each for psychometrics and clinical utility for patients with multiple sclerosis. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures appropriate for use in research studies. Additional materials are available at <http://www.neuropt.org/go/healthcare-professionals/neurology-section-outcome-measures-recommendations/multiple-sclerosis>

Recommendations for Patients with Multiple Sclerosis:

Recommended for Research:

12-Item MS Walking Scale	6 Minute Walk Test
9-Hole Peg Test	Activities-specific Balance Confidence Scale
Berg Balance Test	Box & Blocks Test
Dizziness Handicap Inventory	Dynamic Gait Index
Fatigue Scale for Motor & Cognitive Functions	Functional Assessment of MS
Functional Independence Measure	Functional Reach
Goal Attainment Scale	Guy's Neurologic Disability Scale
Minimal Inspiratory/Expiratory Pressure	Maximum Oxygen Uptake (VO ₂ max & VO ₂ peak)
Modified Fatigue Impact Scale	Multiple Sclerosis Functional Composite
Multiple Sclerosis Impact Scale (MSIS-29)	Multiple Sclerosis Quality of Life (MS-QoL 54)
Multiple Sclerosis Quality of Life Inventory	Rivermead Mobility Index
Timed 25 Foot Walk	Timed Up & Go (TUG) with Cognitive & Manual
Trunk Impairment Scale	Visual Analog Scale (for Fatigue)
Short Form Health Survey of the Medical Outcomes Study (SF-36)	