

# Message from the Practice Committee

The Practice Committee increases Academy of Neurologic Physical Therapy involvement with the Departments of Government Affairs and Reimbursement at APTA. Participates in activities, which promote and modify the practice of neurologic physical therapy. Serves as a resource to accrediting agencies to establish guidelines to neurologic practice.

Visit the Academy of Neurologic Physical Therapy website

#### Hello Academy Members!

The ANPT Practice Committee is pleased to bring you Part 2 of the next round of practice highlights and updates. Please scroll down to see highlights on new resources available from ANPT workgroups. If you missed Part 1 of our message which included payment and practice reform updates, please see the new **Practice Resources** page that can be found on the ANPT website <u>http://neuropt.org/practice-resources</u>. This new tab now houses previous Messages from the Practice Committee as well as other resources to advance your practice, such as EDGE recommendations on outcome measures, Clinical Practice Guideline resources, and resources from the Health Promotion and Wellness Knowledge Translation Taskforce.

# Advancing Neurologic PT Practice: Special Interest Group (SIG) Highlights

Joining a special interest group is free and can add value to your practice. See below for a highlight of what the SIG's are working on. Take a look, sign up, get active!

#### Assistive Technology/Seating and Wheeled Mobility SIG

- View 10 free modules related to wheelchair assessment on the Synapse Learning Center at https://www.anptsynapsecenter.com/public/page-courses/
- View a short video targeted for consumers to understand the differences between Durable Medical Equipment (DME) and Complex Rehab Technology (CRT) and the importance of having a separate benefit category for CRT. View at <u>https://www.youtube.com/watch?v=AfjgNNMQxYA&feature=youtu.be</u>

### **Balance and Falls SIG**

The ANPT BFSIG received 5 videos as part of our #NFPAD video challenge. Thank you to the groups of students who created short and impactful videos on the role of the PT in decreasing risk of falls. The winning team will be announced later this month and will receive \$500 and an award to add to their CVs! Here are the videos:

- 1. Midwestern U: <u>https://youtu.be/35MiozqZW4g</u>
- 2. Creighton U: <u>https://youtu.be/zR59uwoRx8I</u>
- 3. Oklahoma U: <u>https://youtu.be/SOsoTxKprdE</u>
- 4. Washington U/ St. Louis: <u>https://youtu.be/EoDUjGMRCYw</u>
- 5. Daemon College: <u>https://youtu.be/N4IFxKSwVM8</u>

## Brain Injury SIG

- Check out the topic of the quarter which is cerebellar dysfunction. Be on the lookout for the abstract of the quarter, journal club, and clinical discussion night on November 13. You may find more details here: <u>https://www.facebook.com/events/762488230841433/</u>
- Two student interns have been great additions to the SIG: Jenna Brown for Special Projects and Sabrina Burrus for <u>Social Media</u>

#### **Degenerative Diseases SIG**

 The 4D: Deep Dive Into Degenerative Diseases Podcast Series has 5 excellent episodes highlighting various topics including models of care, dual task performance, motor learning in Parkinson's disease, fatigue in multiple sclerosis, the first ever PT movement disorders fellowship, and private neurologic PT practice. Check it out: <u>https://www.buzzsprout.com/361643</u>

## **Spinal Cord Injury SIG**

- -Follow us on Twitter: <u>@APTA\_SCISIG</u> or on Facebook: <u>ANPT Spinal Cord Injury</u> <u>Special Interest Group</u>
- -Our bimonthly newsletters to members include a research update to help our members stay up to date on the latest SCI rehabilitation research. We also offer <u>SCI</u> <u>Fact Sheets</u> targeted at clinicians. Members should contact us if they are interested in helping to create new Fact Sheets.

#### **Stroke SIG**

- Check out the <u>Stroke SIG website</u> for details on monthly educational topics including article review, clinical pearls, podcasts, fact sheets, and more!
- The Stroke SIG October Topic is "Shared Decision Making in Stroke."

#### Vestibular SIG

- The Vestibular Rehab SIG has its own Facebook page- "like" us now!
- The Vestibular Rehab SIG has its own <u>Twitter</u> page

# Translating Knowledge into Practice: ANPT Taskforce Highlights

The purpose of these groups is to help clinicians integrate evidence-based practice into clinical practice. See below for resources these work groups have developed.

### Health Promotion and Wellness (HPW) Taskforce:

- Take the online 0.2 CEU course titled, 'Health Promotion and Wellness Strategies Applied to Neurorehabilitation' available through ANPT Synapse Learning Center <u>https://www.anptsynapsecenter.com/public/course-detail/?id=120</u>
- Check out the Practice Resource webpage on ANPT for resources specific to health promotion and wellness. <u>http://www.neuropt.org/practice-resources/health-promotion-and-wellness</u>

### Core Set of Outcome Measures KT Taskforce

- Check out the <u>ANPT web page</u> dedicated to the clinical practice guideline (CPG) for the core set of outcome measures. It includes a link to the full CPG, standardized protocols for the core set, and quick tip resource sheets for implementing the core set into your practice.
- Check back regularly as more resources are coming!

### **Locomotor Training KT Taskforce**

• Please take a few minutes to fill out this <u>survey</u> to help the Task Force develop

educational materials and implementation tools you need to increase exercise intensity with your patients.

• Want to learn more? Plan on attending the CSM presentation to learn about the Locomotor Training Clinical Practice Guidelines and the 'key ingredients' needed for maximizing locomotor function.

#### **Movement System Taskforce**

Missed attending the 2019 Webinar series exploring the Movement System Diagnoses and Task Analysis framework? Check out the FREE archived resources through the Synapse!

- <u>Diagnoses in Physical Therapy</u>
- Task Analysis in Neurologic Physical Therapy
- Balance Diagnoses in Neurologic Physical Therapy

We hope you have found these resources useful. The ANPT Practice Committee welcomes your feedback and questions. Please send all inquiries to Heather Knight <u>info@neuropt.org</u>

## The Practice Committee

Katie Flores, PT, DPT, NCS Anna de Joya, PT, DSc, NCS Heather Knight, PT, DPT, NCS Danny Miner, PT, DPT, NCS Aimee Perron, PT, DPT, NCS, CEEAA Eileen Tseng-Stultz, PT, DPT, NCS Karen Whitesell, PT, DPT, NCS, ATP Leslie Wolf, PT, DPT, NCS

#### STAY CONNECTED

