

The PEDGE task force reviewed 60 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with Parkinson disease. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in individuals with Parkinson disease. Additional measures are recommended, but not as strongly. This effort merged work from the Neurology Section Functional Toolbox course and the Consensus Conference for Entry-level Education. Complete materials are available <http://www.neuropt.org/professional-resources/neurology-section-outcome-measures-recommendations/parkinson-disease>

## Recommendations for patients with Parkinson disease:

### Highly recommended measures:

#### Body Structure and Function

MDS-UPDRS revision\* – part 3

MDS-UPDRS – part 1

#### Activity

6 minute walk

10 meter walk

Mini BESTest

MDS-UPDRS – part 2

#### Participation

PDQ-8 or PDQ-39

Montreal Cognitive Assessment

Functional Gait Assessment

Sit to stand 5 times

9 hole peg test

### Recommended Measures for Specific Constructs

#### Freezing of Gait

Freezing of Gait questionnaire

#### Fatigue

Parkinson's Fatigue Scale

#### Fear of falling

ABC scale

#### Dual Task

Timed Up and Go cognitive

All measures in the highly recommended category are also recommended for use in research and students learn to administer. \* recommend students exposed