

# Parkinson EDGE Task Force Recommendations: Research

# Research Recommendations:

## Body Structure and Function

BESTest

Fatigue Severity Scale

MDS-UPDRS revision

Mini Mental Status Exam (MMSE)

Mini BESTest

Montreal Cognitive Assessment  
(MoCA)

Parkinson's Fatigue Scale

Purdue Peg Board test

Push-release test

Sit to stand 5 times

# Research Recommendations:

## Activity

2 minute walk test	MDS-UPDRS revision
6 Minute walk test	Mini BESTest
Activities Specific Balance	Modified Gait Efficacy Scale
Confidence Scale (ABC)	Physical Performance Test (PPT)
Berg Balance Scale	Self-Efficacy Exercise Scale
BESTest	Timed up and go (TUG)
Dynamic Gait Index	Timed up and go cognitive and manual
Four square step test	Continuous Scale Physical
Freezing of Gait Questionnaire	Functional Parkinson's Fatigue Scale
Functional Gait Assessment	Performance Test (CS-PFP)
Functional reach test	Sit to stand 5 times Timed Up and Go
Gait Speed (10 meter walk test)	

# Research Recommendations:

## Participation

MDS-UPDRS revision

PDQ-39

PDQ-8 (short version)

SF-36

World Health Organization Quality of Life-BREF (WHOQOL-BREF)

