Postural Assessment Scale For Stroke



Postural Assessment Scale for Stroke	SS	APC	RPC
1. Sitting without support	PM		
2. Standing with support	PM		
3. Standing without support	PM		
4. Standing on nonparetic leg	PM		
5. Standing on paretic leg	PM		
6. Supine to paretic side lateral		PM	
7. Supine to non paretic side latera		PM	
8. Supine to sitting up on the edge of the mat		PM	
9. Sitting on the edge of the mat to supine		PM	
10. Sitting to standing up		PM	
11. Standing up to sitting down		PM	
12. Standing, picking up a pencil from the floor		РМ	

Diagnosis	Cut-off score	MDC/MCID
Stroke	Acute stroke = 12.5 pts for total PASS	Chronic stroke MDC = 3.2 Subacute stroke MDC = 2.22

Considerations

- Large ceiling effects at 90 days post stroke
- Moderate ceiling effects at rehabilitation admission and discharge
- Excellent floor effects at rehabilitation admission or discharge

Equipment Needs

- 50 cm high examination table
- Stopwatch
- Pencil

ANPT Movement System
Diagnoses for Balance
Dysfunction Knowledge
Translation Task Force
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KEY

Items suggestive of deficits in the areas indicated in the table.

SS = Steady state

APC = Anticipatory postural control

RPC = Reactive postural control

BC = Balance confidence

PV = Perception of verticality

PM = Postural movement strategies

strategies

SP = Sensory processing

MT = Multi-tasking

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