

## Mary Free Bed Rehabilitation Hospital- Professional Building Information

### Location of Course

Mary Free Bed Rehabilitation Hospital  
Professional Building  
Meijer Conference Center  
350 Lafayette Ave SE  
Grand Rapids, MI 49503

### Parking

Free parking in the ramp directly south of 350 Lafayette Ave. SE, labeled 'C'. Park on street level, enter the building at the north end of the ramp and follow signs to the Meijer Conference Center

### Emergency numbers

911  
MFB Security 616.840.8015

## Airport, Transportation and Lodging Information

The closest airport (about 20 minutes from the hospital) is the Gerald R. Ford International Airport located at 5500 44<sup>th</sup> St. SE, Grand Rapids, MI 49512. [www.flygrandrapids.org](http://www.flygrandrapids.org)

### Transportation options

**Car Rentals** (Gerald R. Ford International Airport, 5500 44<sup>th</sup> St SE)

- o Hertz- 616.233.6353
- o Enterprise Rent-A-Car- 616.233.6341
- o Budget Car Rental - 616.233.6336

**Calder City Cab** – 616.454.8080

**Uber** [uber.com](http://uber.com)

### Lodging

There are many lodging options in and around the Grand Rapids area including but not limited to (fees for parking vary, contact hotel for details):

#### **Amway Grand Plaza Hotel**

187 Monroe Ave. NW, Grand Rapids, MI 49503  
616.774.2000  
0.9 miles west of Mary Free Bed

#### **Holiday Inn**

310 Pearl St. NW, Grand Rapids, MI 49504  
616.235.7611  
One mile northwest of Mary Free Bed

#### **Downtown Courtyard by Marriott**

11 Monroe NW, Grand Rapids, MI 49503  
616.242.6000 or 800.321.2211  
One mile west of Mary Free Bed

#### **Homewood Suites by Hilton**

161 Ottawa Ave. NW, Grand Rapids, MI 49503  
616.451.2300

#### **Hampton Inn & Suites - Downtown**

433 Dudley Pl. NE, Grand Rapids 49503  
616.456.2000  
One mile north of Mary Free Bed

#### **Holiday Inn Express Hotel & Suites**

6569 Clay Avenue SW, Grand Rapids 49548  
616.871.9700  
Nine miles south of Mary Free Bed

**Springhill Suites by Marriott**

450 Center Dr., Grand Rapids 49544  
616.785.1600 or 888.287.9400  
Five miles north of downtown Grand Rapids

**Staybridge Suites by Holiday Inn**

3000 Lake Eastbrook Blvd. SE, Kentwood 49512  
616.464.3200  
Eight miles east of Mary Free Bed

**Restaurants in or near downtown (Many other options near listed hotels)****The BOB - 1.2 mi**

20 Monroe Ave. NW, Grand Rapids 49503  
(616) 356-2000 thebob.com

**Rose's- 2.7 mi**

550 Lakeside Dr. SE, Grand Rapids 49506  
(616) 458-1122 thegilmorecollection.com

**Buffalo Wild Wings - 1 mi**

8 Ionia Ave. NW, Grand Rapids 49503  
(616) 454-9464 buffalowildwings.com

**Stella's - 0.8 mi**

53 Commerce Ave. SW, Grand Rapids 49503  
(616) 742-4444 stellagr.com

**Electric Cheetah - 1 mi**

1015 Wealthy St. SE, Grand Rapids 49506  
(616) 451-4779 electriccheetah.com

**Wealthy Street Bakery- 0.5 mi**

610 Wealthy St. SE, Grand Rapids 49503  
(616) 551-3563 wealthystreetbakery.com

**The Kitchen by Wolfgang Puck 1.3 mi**

187 Monroe Ave. NW, Grand Rapids 49503  
(616) 775-3230 amwaygrand.com

**Derby Station - 2.5 mi**

2237 Wealthy St. SE Ste. 130, Grand Rapids 49506  
(616) 301-3236 derbystation.com

**Cottage Bar - 0.6 mi**

18 LaGrave Ave. SE, Grand Rapids 49503  
(616) 454-9088 cottagelbar.biz

**Founders Brewing Co.- 0.8 mi**

235 Grandville Ave. SW, Grand Rapids 49503  
(616) 776-1195 foundersbrewing.com

**One Trick Pony - 0.7 mi**

136 Fulton St. E, Grand Rapids 49503  
(616) 235-7669 onetrick.biz

**Grand Rapids Brewing Co. - 0.9 mi**

1 Ionia Ave. SW, Grand Rapids 49503  
(616) 458-7000 grbrewingcompany.com

**Green Well Gastro Pub - 1.1 mi**

924 Cherry St. SE, Grand Rapids 49506  
(616) 808-3566 thegreenwell.com

**The Mitten Brewing Co. - 3 mi**

527 Leonard St. NW, Grand Rapids 49504  
(616) 608-5612 mittenbrewing.com

**Johnny B'Z - 0.5 mi**

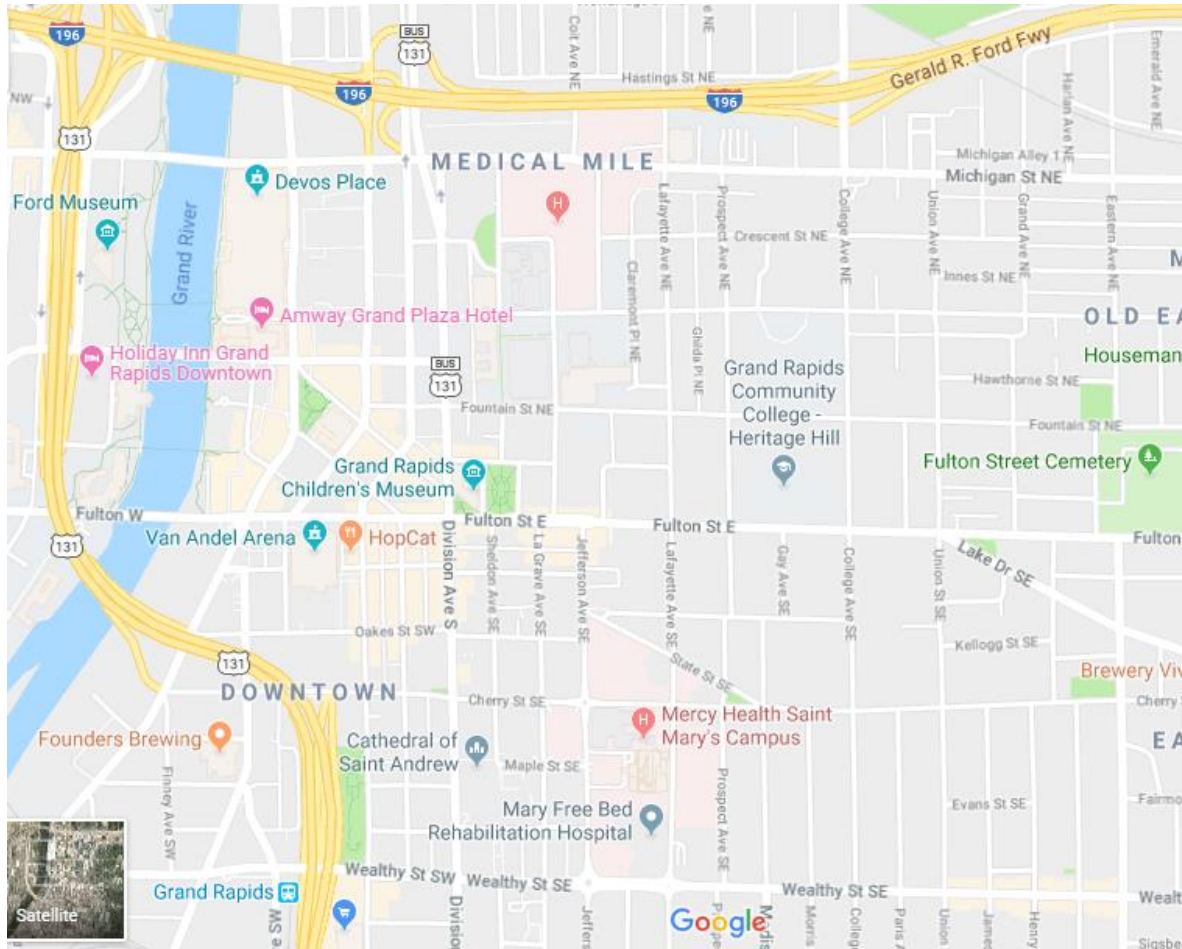
638 Wealthy St. SE, Grand Rapids 49503  
(616) 551-1108 johnnybz.com

**Hopcat - 0.8 mi**

25 Ionia Ave. SW, Grand Rapids 49503  
(616) 451-4677 hopcat.com

**Rockwell Republic - 0.7mi**

45 S Division Ave, Grand Rapids 49503  
(616) 551-3563 rockwellsrepublic.com



### Driving directions from the East (GRR Airport)

Head east on John J Oostema Blvd SE -10 ft

Make a U-turn -0.6 mi

Slight right toward Patterson Ave SE -0.1 mi

Turn right onto Patterson Ave SE -1.9 mi

Turn right onto M-11 E (also called 28<sup>th</sup> St)

Use the left 2 lanes to turn left to merge onto I-96 W toward Gd Rapids/Muskegon -0.5 mi

Continue on I-96 W. -10 min (10.7 mi)

Merge onto I-96 W -5.4 mi

Keep left at the fork to continue on I-196 W, follow signs for Downtown Gd Rapids/Holland/G R Ford Fwy -3.9 mi

Use the left lane to take exit 77B to merge onto US-131 S toward Kalamazoo -1.2 mi

Take exit 84A for Wealthy St -0.2 mi

Turn left onto Wealthy St.

Continue on Wealthy St SE. (stay in left lane)

At the first traffic circle, continue straight onto Wealthy St SE -0.1 mi

At the next traffic circle, follow to the left to take Lafayette Ave SE (North)

Destination will be immediately on the right -420 ft