The StrokEDGE II task force updated the original StrokEDGE outcome measure recommendations. The StrokEDGE II recommendations focus on stroke-specific measures through updated literature review (2010-2015) and analysis of the originally recommended outcome measures. 14 measures of gait, balance, transfers, and patient-stated goals were excluded because these domains were reviewed under the ANPT Core Measures Clinical Practice Guideline Task Force. This document summarizes stroke-specific recommendations for the acute care setting. Additional measures are recommended but not as strongly. Complete materials are available at http://www.neuropt.org/professional-resources/neurology-section-outcome-measures-recommendations/stroke.

**Recommendations for Patients with Stroke in Acute Care:**

**Highly recommended measures:**

- Orpington Prognostic Scale
- Postural Assessment Scale for Stroke Patients
- Stroke Rehabilitation Assessment of Movement

**Recommended measures:**

- Action Research Arm Test
- Box and Blocks Test
- Chedoke-McMaster Stroke Assessment
- Fugl-Meyer Assessment of Motor Performance
- Modified Rankin Scale
- Motricity Index
- NIH Stroke Scale
- Rate of Perceived Exertion
- Trunk Impairment Scale
- Wolf Motor Function Test

**CORE MEASURES**

The core measures of gait, balance, and transfers recommended for **ALL adults with neurologic disorders** are:

- 6 Minute Walk Test
- 10 Meter Walk Test
- Berg Balance Scale
- Functional Gait Scale
- Activities-Specific Balance Confidence Scale
- 5 Time Sit to Stand Test

[http://www.neuropt.org/professional-resources/anpt-clinical-practice-guidelines/core-outcome-measures-cpg](http://www.neuropt.org/professional-resources/anpt-clinical-practice-guidelines/core-outcome-measures-cpg)

Task force Co-chairs: Dorian Rose, PhD, PT, Genevieve Pinto-Zipp, PT EdD; Members: Heather Anderson, PT, DPT, NCS, Maggie Bland, PT, DPT, NCS, MSCI, Nancy Byl, PT, MPH, PhD, FAPTA, Carmen Capo-Lugo, PT, PhD, Michele Sulwer, PT, DPT, Rie Yoshida, PT, DPT, NCS

5841 Cedar Lake Road S., Ste 204, Minneapolis, MN 55416
info@neuropt.org  I  www.neuropt.org  I  952-646-2038