

The StrokEDGE II task force updated the original StrokEDGE outcome measure recommendations. The StrokEDGE II recommendations focus on stroke-specific measures through updated literature review (2010-2015) and analysis of the originally recommended outcome measures. 14 measures of gait, balance, transfers, and patient-stated goals were excluded because these domains were reviewed under the ANPT Core Measures Clinical Practice Guideline Task Force. This document summarizes stroke-specific recommendations for the acute care setting. Additional measures are recommended but not as strongly. Complete materials are available at http://www.neuropt.org/professional-resources/neurology-section-outcome-measures-recommendations/stroke.

Recommendations for Patients with Stroke in Acute Care:

Highly recommended measures:

Orpington Prognostic Scale

Postural Assessment Scale for Stroke Patients

Stroke Rehabilitation Assessment of Movement

Recommended measures:

Action Research Arm Test

Box and Blocks Test

Chedoke-McMaster Stroke Assessment

Fugl-Meyer Assessment of Motor Performance

Modified Rankin Scale

Motricity Index

NIH Stroke Scale

Rate of Perceived Exertion

Trunk Impairment Scale

Wolf Motor Function Test

CORE MEASURES

The core measures of gait, balance, and transfers recommended for

ALL adults with neurologic disorders are:

- 6 Minute Walk Test
- 10 Meter Walk Test
- Berg Balance Scale
- Functional Gait Assessment
- Activities-Specific Balance Confidence Scale
- 5 Time Sit to Stand Test

HTTP://WWW.NEUROPT.ORG/PROFESSIONAL-RESOURCES/ANPT-CLINICAL-PRACTICE-GUIDELINES/CORE-OUTCOME-MEASURES-CPG

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