

NEUROLOGY SECTION

CEREBRAL HAPPENINGS Newsletter of the Brain Injury Special

Interest Group

Issue 2, 2012 November 2012

LETTER FROM THE CHAIR Heidi Roth, PT, DHS, NCS BI SIG Chair

Greetings Brain Injury SIG,

The BI SIG has had a busy year! First we would like to welcome Becky Kerman as the new Nominating Committee Member. I would also like to thank the entire BI SIG for the hard work and dedication to promoting brain injury awareness, education and research. If you haven't looked recently, please check out our updated website. The website now includes information such as:

- Website links and resources for clinicians with evidence based recommendations, education and handouts of information for our clients, videos and research study information
- Brain Injury EDGE Task Force Update this working group has been diligently working over the past year to develop recommendations for clinicians, educators and researchers for the use of common standardized outcome measures addressing the continuum of care in the TBI population. The presentation at CSM is called "TBI EDGE Recommendations: Application to practice, teaching and research"
- A list of key regional contacts

We are excited about these updates and our plan to sustain an up to date list of resources over the years to come. Another BI SIG goal is to continue to foster an engaged membership base. Keep a look out for upcoming educational materials intended to be distributed for your clients on various topics related to brain injury. If you have a suggested topic area for these advocacy papers please send them our way.

The BI SIG wants to thank those volunteers who have helped develop the BI SIG's programming over the past year. As with all organizations, we are only as strong as our membership. One easy way you can be involved is to volunteer to be listed as a key regional contact. This allows us to appropriately filter our constituents' questions to individuals who consider themselves knowledgeable in the area of brain injury.

Lastly, we are looking forward to the CSM (January '13). The BI SIG is offering exciting programming based on your feedback.

- 1. Natalie Sibley, DPT, NCS and Carolyn Tassini, DPT, NCS will present "Physical Therapy Management for Patients with Disorders of Consciousness"
- 2. Ashley DiIenno, PT, DPT and Natalie Danner, PT, DPT will present "Impairments Associated with Pediatric Brain Tumors and Implications for Physical Therapy"

We strive to serve your interests, so please give us suggestions on topic areas or speakers that you feel would be beneficial for future presentations. We want to hear your voice!

We are excited and ready for the upcoming year. In order to continue to develop and grow as a SIG, participation is essential. Everyone can offer something! Please let your BI SIG officers know how you would like to help, and they can direct you in assisting the SIG. Introduce yourself at CSM or contact us.

Happy holiday and a healthy new year,

Heidi Roth

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Chair		

APTA Combined 2,3 Sections Meeting 2013 San Diego Programming

Contact information 4 Open Door

Want to become involved?

Contact us about open positions this spring:

- ♦ Vice Chair
- Newsletter Editor

FALL NEWSLETTER



NOVEMBER 2012





The Combined Sections Meeting (CSM) focuses on programming designed by all 18 of APTA's specialty sections. The spectacular event brings together more than 7,500 physical therapy professionals from around the nation for 5 stimulating days of exceptional programming, networking opportunities, and an exhibit hall filled with products and services to keep you and your practice on the cutting edge.

Main Conference Courses of Interest: Tuesday, January 22

The Anne Shumway-Cook Lectureship—The Brain Is Plastic: A Pathway for Guiding the Future of Physical Therapy Time: 8:00 am–10:00 am (See Program for Room)

Physical Therapy Management for Patients With Disorders of Consciousness Time: 11:00 am–1:00 pm (See Program for Room)

Wednesday, January 23

NCS Breakfast/Reception and Presentation: Become a Bridge Builder! Promoting Knowledge Translation in Neurologic Rehabilitation Time: 6:45 am–8:00 am (See Program for Room)

Impairments Associated with Pediatric Brain Tumors and Implications for Physical Therapy. Ashley Dilenno, PT, DPT; Natalie Danner, PT, DPT. 11-1 (See programing for Room)

Postdeployment Rehabilitation of Mild Traumatic Brain Injury: A Team Approach Time: 11:00 am–1:00 pm (See Program for Room)

TBI EDGE Recommendations: Application to Practice, Teaching, and Research Joint Program: Education Time: 3:00 am–5:00 am (See Program for Room)

Main Conference Courses of Interest: (continued)

<u>Thursday, January 24</u>

Accelerating Motor Learning and Sustaining Outcomes Through Support for Fundamental Psychological Needs

Time: 8:00 am–10:00 am (See Program for Room)

Diagnosis Dialogue for PTs in the Neurology and Pediatrics Sections Time: 3:00 pm–5:00 pm (See Program for Room)



A recent article concerning topics in Bl Responsiveness and Validity of the Six-Minute Walk Test in Individuals With Traumatic Brain Injury

Kurt A. Mossberg and Elizabeth Fortini

PHYS THER May 2012 92:726-733; published ahead of print January 26, 2012, doi:10.2522/ptj.20110157

This group reviewed a simple aerobic test, the six minute walk test to assess the validity and reliability. With 21 patients. The publication explores many aspects of 6 minute walk test with aerobic capacity in an acute rehabilitation setting. They found that the 6 minute walk test provides a good estimate of peak aerobic capacity.

WEBSITE HIGHLIGHTS: Heads UP Concussion: What do I do for my patient? We have a link!

Concussion is an enigma in everyday physical therapy; it can be hard to know what to do.

- Look for an upcoming TBI SIG advocacy paper that will highlight some of the questions you and your patient may have.
- The Centers for Disease Control (CDC) site: Heads UP to find information and multiple resources for patients, practitioners, and those seeking to inform others about concussion with access to free videos, downloads, patient handouts that cover multiple issues, promotional papers and more.
- Here is a great place to start: The "Facts about Concussion and Brain Injury: Where to Get Help," brochure and fact sheet provides information for people with brain injuries and their family members or caregivers on concussion symptoms and danger signs, tips for healing, and information on where to get help after a concussion.

To order bulk quantities of CDC's concussion resources free-of-charge and/or to learn how you can get involved to help keep all people safe from concussion, visit www.cdc.gov/Concussion or contact CDC by email (CDC-INFO@cdc.gov) or tollfree at 1-800-CDC-INFO (1-800-232-4636).

http://www.cdc.gov/concussion/support.html Accessed 12/14/2012

Issue 2, 2012



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